



NORDIXON

NORDIC SKI COACHING PACKAGES

Training Hard, But Still Not Skiing Efficiently?

Nordixon Ski School helps motivated Nordic skiers build the balance, timing, glide, and efficiency they need to ski faster, further, and smoother with less wasted effort.



Discover The Glide You're Missing

info@nordixon.com

YouTube: @NorDixonSkiSchool

CHOOSE YOUR LEVEL

Your Balance Is The Problem.

Most adult skiers do not need more technique lessons. They need a structured plan that tackles the foundations upon which technique can be improved. Balance is king. Glide, timing, cornering, and efficiency follow.

Turn effort into progress.

SELF-SERVE

Structured Plan

£33 / month

For skiers who want a vigorous balance-focused training plan, TrainingPeaks Premium, and pre-recorded guidance from Scott Dixon without personal coaching.

Buy

LIMITED CAPACITY

Guided Development

£270 / month

For athletes who want the plan, plus an approved Nordixon coach to remove the excess, adapt training and goals to ensure progress is being made.

Request Place

APPLICATION ONLY

Performance Coaching

£740 / month

For committed athletes with events, personal bests, rivals, or serious goals who want high accountability, frequent technique review and structured coach support.

Apply

COMPARE

Package comparison

Every monthly package includes TrainingPeaks Premium, Pre Recorded Onboarding, and the Nordixon Structured Training Plan, built to systematically tackle balance on skis.

Feature	Structured Plan	Guided Development	Performance Coaching
Monthly price	£33	£270	£740
TrainingPeaks Premium	Included	Included	Included
Goal Setting and Tracking	Prompted to create and track unsupervised	Included	Included
Pre-recorded Onboarding	Included	Included	Included
Structured Training Plan, balance focus	Yes	Yes	Yes
Video lessons by Scott Dixon	Yes	Yes	Yes
Approved Nordixon coach	No	Yes	Yes
Online Personal Onboarding	No	30 mins	30 mins
Monthly one to one live coach calls	No	60 mins	150 mins
Premium Video Analyses	No	1/month	3/month
Email support	No	6 basic questions/month	Training-related, within boundaries
WhatsApp	No	No	Urgent training/logistics only
Entry	Direct purchase	Waitlist	Application

Video analysis can also be bought separately.

Quick Clip Review is £45. Premium Video Analysis is £65. You do not need to be on a monthly package.

[Quick Clip Review](#)[Premium Video Analyses](#)

PACKAGE 1

Structured Plan

For self-directed Nordic skiers who train regularly yet feel their glide and technique could be more efficient given their effort.

£33/month**Self-serve****TrainingPeaks Premium included****Access within 24 hours**

WHAT PROBLEM IT SOLVES

The Structured Plan helps skiers who train consistently but see little improvement because they lack a clear structure, objective goals that can be measured, and regular ski specific balance training.

This training plan helps you break through that plateau with a training framework focused on balance, technique, and measurable progress.

INCLUDES

- TrainingPeaks Premium
- Pre-recorded onboarding
- Structured Training Plan, systematically tackling balance
- Pre-recorded guided video lessons with Scott Dixon
- Clear session priorities
- Flexible guidance for adapting/ selecting sessions

DOES NOT INCLUDE - terms and conditions apply

Personal coaching, email support, live calls, personal video analysis, individualised plan adjustment, or technique feedback.

Buy**Read Terms**

PACKAGE 2

Guided Development

For athletes who want the balance-focused plan, plus one to one online access to a coach to help make the training fit real life, and keep you accountable to your goals.

£270/month**Limited to 7****Approved Nordixon coach****1 video analysis/month**

WHAT PROBLEM IT SOLVES

Guided Development reduces decision fatigue. You get the Nordixon plan, then your coach helps sharpen it around your goals, schedule, recovery, and preferences.

Process: Diagnose technique issues, prescribe drill solutions, review progress in live one to one meetings: What are we moving toward? Did the training help? If not, why not? What should change next? Accountability, goal tracking, technique feedback = Progress.

INCLUDES

- Everything in Structured Plan
- 30-minute Online Personal Onboarding
- 60 minutes/month One to One Coach Calls (2 x 30 mins)
- 1 Premium Video Analysis/month by Nordixon
- Up to 6 basic email questions/month
- 24-hour email response target on coach working days
- Technique actions integrated into your plan

BOUNDARIES - terms and conditions apply

No unlimited coach access, unlimited email support, WhatsApp coaching, extra video analysis unless purchased separately, or personal support outside training related matters.

[Request Place](#)[Read Terms](#)

PACKAGE 3

Performance Coaching

Train. Upload. Review. Measure. Analyse. Adjust. Repeat.

For committed athletes with clear goals who want accountability, bespoke training support, and frequent technique review.

£740/month

Application only

Maximum 2 athletes

3 video analyses/month

WHAT PROBLEM IT SOLVES

Hard training toward ambitious goals can only be optimised when it is directed, measured, and adjusted. Performance Coaching gives you a strong plan, then checks whether it is working, technically and physically.

Your coach works through a repeated cycle: diagnose the issue, prescribe a solution, review/measure the response, and adjust the next block.

Frequent one to one calls help catch problems early, reduce guessing and curcially, fit training into real life.

INCLUDES

- Everything in Structured Plan
- 30-minute Online Personal Onboarding
- 150 minutes/month One to One Calls
- Bespoke training plan fitting your schedule
- Regular Coach Training Peaks comments and feedback
- Email support for training-related questions
- 3 Premium Video Analyses/month by Nordixon
- Technique actions integrated into your plan

COMMUNICATION - terms and conditions apply

Email is preferred. WhatsApp is for urgent training or logistics only. Technique questions are handled through video analysis. After each analysis, one clarification email is allowed, capped at 2 questions. Communication is training related.

Submit Application

Read Terms

STANDALONE

Video Analysis

Stop guessing what to fix. Send video and get a clear diagnosis of what is costing you balance, speed, glide, and efficiency.

FAST FEEDBACK

Quick Clip Review

£45 one-off

One clip, maximum 30 seconds, one technique moment. 3 - 10 minutes technique analyses.

No written notes, drills, follow-up, clarification questions, plan adjustment, or coach integration.

Book Quick Clip Review

DEEPER REVIEW

Premium Video Analysis

£65 one-off

Up to 4 clips, maximum 2 minutes total footage addressing one technique element, 7 - 15 minutes technique analyses and written overview. 1 email clarification with up to 2 questions.

Two separate technique focuses count as two analyses. Mixed footage may be parked by Nordixon.

Book Premium Video Analysis

BOOKING PROCESS

- Book the week you want your analysis delivered. You can book and pay in advance to ensure a slot, even before you have filmed the footage.
- Payment is due at booking. Payment instructions in slot-confirmation email.
- Upload your files to the folder provided by Monday of your booked week.
- If files are uploaded on time, Nordixon normally returns the analysis by Friday.
- If you miss the Monday upload deadline, you lose that week's delivery slot. If paid and uploaded late, the analysis moves to the next working week.

DELIVERY STANDARDS

Who delivers the coaching?

NORDIXON COACHES

Nordixon coaches are approved by Scott Dixon and expected to work within the Nordixon training system, communication rules, and coaching standards.

Guided Development and Performance Coaching clients work with an assigned approved coach.

SCOTT DIXON

Video lessons are delivered by Scott Dixon.

Video analyses are initially delivered by Scott. Over time, approved Nordixon coaches may take over video analysis once the coaching relationship and delivery standard are established.

TERMS BEFORE PAYMENT

The exact deliverables are specified in the terms document. Please read them carefully.

[Read Terms](#)

HARDWARE REQUIREMENTS

Athletes must have, or be prepared to purchase a watch compatible with Training Peaks for Guided Development and Performance Coaching to be possible. It is not necessary for Structured Plan, but is strongly recommend.

Other recommended purchases

- Cones for cone drill sessions
- Phone stand (tripod) for filming your progress
- Small backpack for carrying your phone stand on

[Learn More](#)

Prices are shown in GBP. Nordixon is not currently VAT registered, so VAT is not currently charged. If VAT registration becomes required, the listed customer price will remain the same and will be treated as VAT-inclusive where VAT applies.

Considerations

Key Details

MONTHLY PACKAGES

All packages are monthly. You may cancel anytime. Cancellation takes effect at the end of the paid month. Service continues until the end of that paid month.

There is no Structured Plan term. Package payments are non-refundable once the paid month has started, except where legally required or agreed by Nordixon.

If a customer wishes to rejoin Nordixon after cancellation they will be added to the wait list.

Onboarding only applies to new athletes to a program, athletes who have had 3+ months since last communication with a Nordixon Coach, or athletes changing to a new Nordixon coach.

ROLLOVER

Unused video analyses do not roll over.

Unused live coach minutes do not roll over.

CHANGING COACH

You may change coach for any reason subject to a new coach's availability. Feedback is always appreciated but not required. We aim to make the transition seamless.

RESCHEDULING

Each athlete may reschedule up to 4 calls. From the 5th reschedule or missed call in a 6 month period, the session may be forfeited.

PAYMENT

Payment must be completed within 48 hours of approval. If payment is not received, the place may be offered to the next athlete and you will return to the back of the queue.

Ready to start?

Use the package button that matches the level of support you want.

Buy

Request Place

Apply